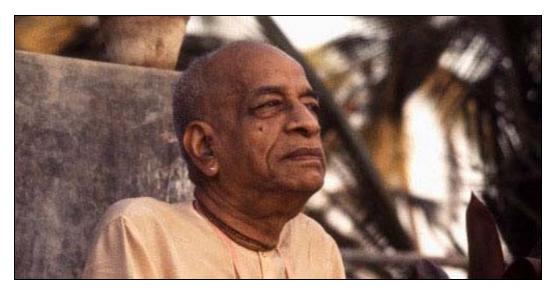
# ALL GLORY TO SRI GURU AND SRI GAURANGA



The Visionary

"Religion without philosophy is sentimentality or fanaticism. And philosophy without religion is mental speculation"

His Divine Grace A.C. Bhaktivedanta Swami Prabhupada Founder Acharya: International Society for Krishna Consciousness

> Mithuna Twiins Astrological Services "Home of the Bhrigu Project"

# THE ASTROLOGICAL NEWSLETTER

In this issue:

# Saturn Enters Libra on 15 Nov.

Chant this mantra:

Hare Krishna Hare Krishna Krishna Hare Hare Hare Rama Hare Rama Rama Rama Hare Hare

... and your life will be sublime

6 Nov. 2011 (#24) Kartik shukla ekadashi, 525 Gaurabda Era. Utthana Ekadashi of the Gaudiya month of Damodar (http://festivals.iloveindia.com/rituals/prabodhiniekadashi-vrat.html) The Astrological Newsletter (Please e-share it with your friends). Patita Pavana das Adhikary, Ed. Abhaya Mudra Dasi Jyotish Shastris, etc.

Blagoevgrad, Bulgaria

Visit us at: <u>www.vedicastrologers.org</u> Letters, consultations: <u>dkrishna108@yahoo.com</u> To peruse past issues: http://ebooks.iskcondesiretree.info/index.php?q=f&f=%2Fpdf%2FAstrological\_Newsletter

## In This Issue:

Saturn Enters Libra on Nov. 14 <sup>th</sup>	page 3
How Will Saturn in Libra Affect You?	page 7
Should We Worship Lord Shanideva"	page 11
Man Marries Dog.	page 12
"I Am the Taste of Water"	page 14
Letters to the Editor	page 17

## Dear Prabhus,

Dandavats to the Vaishnavas. The big news on the horizon is that Shanideva will be changing signs from Virgo into Libra in the middle of this month. With this issue we have provided our readers with much information on the subject including how this cosmic change will affect you and the world around you.

Shani is a very powerful demi-god. In the *Shanaishchara Mahatmya* he claims that the Syamantaka Jewel episode described in the *Srimad Bhagavatam* was due to his putting Lord Krishna into *sade sati*, the 7½ year transit called the "Thralldom of Saturn." The story of the gem is described by Srila Prabhupada in the *Krishna* book chapter, "*The Story of the Syamantaka Jewel*." Even though all demi-gods perform their assigned duties under the direction of Lord Krishna, the Supreme Personality of Godhead, the Lord appears on Earth, as Srila Prabhupada often noted, "like an ordinary man." Therefore the Lord also allows his devotees, including the demigods, to take part in His *lila* according to their capacities. Krishna appeared with a particular horoscope that was read by Gargamuni. And later, when Saturn afflicted His natal Vrishabha *rashi* /

Rohini *nakshatra*, Sri Krishna displayed the pastime of being harassed by the planet of *karma* Saturn. Of course these were just the Lord's pastimes, and as Vaishnava disciples of Srila Prabhupada and the unbreakable chain of the Brahma-Madhva-Gaudiya *sampradaya* we devotees have been blessed to understand these subtle differences. And it is that understanding, and by acting in our capacity as Krishna's servants, that we are distinguished from the non-believers.

In our article below on how Shani's transit in Libra will affect you, we've given some general rules of the thumb for each *rashi*. If, however, you'd like a tailor-made analysis dealing with how Saturn's 2<sup>1</sup>/<sub>2</sub> year travel through Libra, and you are inclined to support our preaching activities, then we will send you your particular details for your kind *dakshina* of Euros 25. This reading will take into account your full horoscope with your current *dasha / bhukti* as well as the exact situation of the stars under which you appeared.

Your kind and much appreciated offering can be transferred via PayPal through <u>yaminidasi@yahoo.com</u>. This is our only means of income and we are grateful for the opportunity to serve the devotees.

Always wishing you the very best, Patita Pavana das Adhikary. Ed.

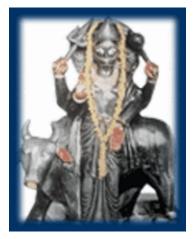
# Saturn Enters Libra on Nov. 14<sup>th</sup>

# What Does Saturn in Libra Mean for the World?

#### Patita Pavana das Adhikary

The big news of the zodiac is that Saturn will soon change signs from Virgo into Libra on 15<sup>th</sup> Nov. 2011 at 03:15:22 GMT. This means that Saturn will be moving in Tula *rashi*, where he is exalted or *uccha*, for the next nearly 3 years. Saturn will stay in Libra until 3 Nov. 2014 (except for a short stretch when Shanideva retrogrades back into Virgo from 16 May till 4 Aug. 2012).

Right: Deity of Lord Shanideva, Kokilavana, Koshi, UP



Saturn transits particular *rashis* only once in a generation, or every thirty years or so. Saturn is called Manda, the "slow one" because he takes thirty years to round the zodiac, something the Moon does in a month.

12 signs X 2.5 years in a sign = 30, or one generation per round of Saturn.

Of all the *nava-graha*, Shanideva is the farthest from the Sun. Since he is the most distant, Saturn – as the planet of karmic retributions – also has the last word. For the *karmi*, the verdict of Shani is final. The coldest and remotest of all nine planets, he is the stern judge and jury of the zodiac. This is why the *karmis* in general fear Saturn, because he represents the mature fruit of their past *vikarma*. On the other hand, for a devotee Saturn is a friend who rules that sort of knowledge that is gained through the execution of austerity. Saturn higher octave governs that penance that chases away all sinful reactions. Saturn is the *tapasya* of the *yogis* and is the renunciation of the ascetics that leads to the highest gains.

To consider the next three years or so of Saturn in Libra, let us look back to Shani's previous transit of Tula, the sign of the scales. Saturn was last in Libra from <u>6 Oct. 1982 till 17 Sept. 1985</u>. How did that transit affect world events one generation ago? Libra is ruled by Venus, the planet of entertainment, wealth and sense gratification. Saturn and Venus are intimately linked as planetary friends. How is that? To interpret their friendship, it is as if the *tapasya* ruled by Saturn results in fruits that are rewarded in the form of sense gratification ruled by Venus. Then, once that sense gratification (Venus) is "enjoyed," a *karmi* either become a pauper (Saturn's lower octave) or engages himself in further acts of material sacrifice or hard work (anther aspect of Saturn) in order to replenish his "good *karma*" and once again water his tree of future sensual rewards. In a nutshell, for the materialist Saturn and Venus represent the endless cycle of hardship undertaken to "enjoy" future temporary sense gratification over and over again.

Saturn's last theatrical sojourn through Libra resulted in a B movie star Ronald Reagan becoming US President (1981-89). With that election, the "Powers that Be" placed an ordinary *shudra* actor whose job it is to memorize lines and to act out the scripted part of "the leader of the free world." Acting as US President was Reagan's finest role, truly an Oscarworthy piece of entertainment. For decades prior to his "election," Reagan had been groomed behind the scenes by the silent corporate overlords. It

could not be a coincidence that he had been host of General Electric Theater, one of America's most popular TV shows in the early days of television, for eight years from 1954 to 62. That was the same number of years he would later be President. Today GE has grown to the  $6^{th}$ largest company in America, though it is actually much larger. GE claims their power generation equipment supplies one quarter of the world's energy. GE is a sprawling multi-national megacorporation with interests in everything from profitable war technology to credit



cards. According to Wiki, "The company operates through four segments: Energy, Technology Infrastructure, Capital Finance and Consumer & Industrial." Apparently GE also operates in world politics. In any case, Saturn in Libra dominated most of Reagan's first term. For many they were times of prosperity and many still affectionately look back on the 80's as "The Reagan Years."

Sure, during the early 80's there were some wars and disasters, but the world is still here. No major wars erupted. The poisonous gas of the Bhopal disaster (Libra is an air sign) killed 23,000 and seriously injured hundreds of thousands more. A typhoon in Bangladesh (24 May 1985) and an earthquake in Mexico City (that happened on 19 Sept. 1985 just two days after Saturn *left* Libra) killed over 10,000 each. Following India's Operation Blue Star, PM Indira Gandhi was gunned down by her bodyguards, but no major war broke out as a result. And those disasters happened mostly during eclipse cycles.

A generation ago when Saturn was in Libra much of the big news focused upon entertainment including of course the emergence of the home computer (which became Time magazine's "Man" of the Year for 1982). (The Mac would be launched the following year in '83). Soon after Saturn entered Libra, Lech Walesa was released from prison and skyrocketed to world popularity. Michael Jackson's *Thriller* album became the largest selling album of all time. Tokyo's Disneyland opened. In retrospect, some of the big stories then are today mere minor blips on the radar screen of world events. Nothing revealed Saturn in Libra better than the death of British comedian Tommy Cooper on live TV before a howling audience (http://www.youtube.com/watch?v=GWT7hOsj-7g). It was a case of jolly entertainment (Libra) mingled with life's ultimate finality (Saturn). Then there was one of the most amazing sports plays of all time (even for people like me who loathe idle sports) in the big game of Cal vs. Stanford (http://www.youtube.com/watch?v=0fZCCAqoSwY). If you watch this one, keep in mind that Libra is a movable air sign and this play involved five lateral passes by Cal who charged through the Stanford band (entertainment) which was then occupying the field in a mistaken celebration of winning. It shows how a strong Saturn can cause sudden spurts of reversal and elevation when he is powerfully placed.

And by going back thirty years before that to the previous round of Saturn in Libra (**22 Aug. 1953 till 13 Nov. 1955**) we observe that those years were also times of prosperity, development and optimism. Therefore we can't become too cynical about the fate of the world despite gloomy rumors regarding the Mayan calendar or other unauthorized mental speculations. Sure, the demonic politicians will continue to rattle their sabers as was done by Reagan when he joked on the air that "he had outlawed Russia and bombing would begin in five minutes." And no doubt times will continue to remain tense like the "Cold War" created by the corporate politicians in the mid-50's. But what is certain is that when Saturn leaves Libra in Nov. of 2014, the world will still be here.

And so will we. We will all be safe and blissful as long as we continue to take shelter in the holy names. What is really important, though, are two things. Will *sankirtan yagna*, the chanting of Hare Krishna by devotionally-attired devotee men and women, increase in the cities, and will ISKCON's leadership take to heart the order of our beloved Founder-Acharya to increase self-sufficient communities throughout the world?

But there is one caveat. According to a blissful one-hundred-year-old Babaji, Srila Sita-Rama Maharaja of the Ramananada *sampradaya*, who met with a *sankirtan* party of devotees recently in MP, there was a meeting of hundreds of leading *sadhus* of India recently. They met at the last Kumbha Mela for the express purpose of discussing the immediate years to come. Their conclusion was that there would be a great cleansing of the world in 2012-13 but that devotees will be protected. Of course,

other than speculating about the exact date, this does not add much to the instructions that Srila Prabhupada left us regarding the how Krishna consciousness can save the world. The institution of agrarian-based *varnashram dharma* or "Bhagavat Communism" and singing the holy names of the Lord on urban thoroughfares are the two prongs of the Hare Krishna Movement that alone can bring relief to this troubled world. And today both require revitalization.

# What Does Saturn in Libra Mean for You?



There are two important methods of measuring future trends astrologically, from within and from without. These are (1.) the *dasha* system which focuses upon the karmic reactions coming "from within." And (2.) *gochara*, or "movement of the cows" (allegorically 'planets') which measures *karma-phal* externally. Among each of the planets, Saturn's movements are scrutinized most carefully in terms of long range results. So what

does Saturn in Libra mean for you?

## Signs of Sade Sati

If you were born in Simha *rashi*, the Moon sign of Sri Chaitanya Mahaprabhu, then lucky you! Your 1-o-o-o-n-g 7<sup>1</sup>/<sub>2</sub> year *sade sati*\* cycle or "Thralldom of Saturn" is now coming to an end (except for a short period from 15 May till 3 Nov. 2012 when Shanideva retrogrades back into Virgo.) And if you are born under Vrischik *rashi*, Moon in Scorpio, then we are sorry to report that your round of *sade sati* will just now begin and you will be wise to prepare for it.

\*Lifelong dates of each *sade sati* round with full definition form a small part of the Full Life Reading from Mithuna Twiins Astrological Services. Your inquiry is welcome.

# How Transits Affect US

In Vedanga Jyotish, the most sensitive and crucial point in a horoscope is the *lagna* or rising sign. This is also called your *atmastan* or "house of self" which generally refers more to the body than the actual *atma* (since astrology deals with material elements). The Moon sign is called the Chandra-*lagna* and planetary movements are measured from the Moon's position. Readers may check the following general table to see what trends they might expect from Saturn in Libra. We give some of the traditional analyses from the *shastras*, but bear in mind these predictions must be fine-tuned to accommodate your particular *janma chakra*. Saturn's exaltation is generally said to diminish negative results greatly, but Saturn is always Saturn. The running *dasha*, whether favorable or unfavorable, must also be taken into account as well as your chart taken as a whole.

## Brihaspati Uvacha

With the planet of *karma* Saturn moving into exaltation, we are reminded of the words of the great Brihaspati (from his *Brihaspati Niti-sara* of the *Garuda Purana*).

"Man enjoys only the fruits of his previous actions. Whatever he has done in his previous life has its reactions now." (*GP* 1.113.18)

"Whether one ascends into the sky or enters deeply into the nether world, *whether* he travels in every quarter of the universe, he will not receive that which is not specified by *karma*." (*GP* 1.113.23)

"In the physical body born as a result of *karma*, different kinds of illusions—physical and mental—fall in quick succession like shafts discharged by a skillful archer. Hence man should see things in the light of the *shastras* only." (*GP* 1.113.28)

## **Results According to Your Moon Sign or Chandra Rashi**

#### If you were born under...

Aries Moon (Saturn in the 7<sup>th</sup> from your Moon sign): Though this position gives some stability and perseverance, you may find yourself on tedious journeys. Beware of partnerships or intimacy with the unworthy.

**Taurus Moon (Saturn in the 6<sup>th</sup> from your Moon sign):** Saturn in the  $6^{th}$  from your Chandra *rashi* is a celebrated position. You will be full of vitality and resistance to disease. Your enemies will blow away like dust. You will feel unconquerable as though problems dissipate of their own

accord. Be mindful that whenever there is a planet other than the Sun transiting the  $9^{th}$  from the Moon or Capricorn, the good effects of Saturn here in the  $6^{th}$  from the Moon will become obstructed.

**Gemini Moon (Saturn in the 5<sup>th</sup> from your Moon sign):** Saturn now enters into the sign that is 5<sup>th</sup> from your natal Moon sign. This could lead to difficulties with children, losses of accumulated wealth and sudden quarrels and conflicts. Incidentally, these inauspicious qualities are diminished whenever there is a planet(s) transiting Leo which is 11<sup>th</sup> from your Moon.

**Cancer Moon (Saturn in the 4<sup>th</sup> from your Moon sign):** Saturn moves out of the lucky position of 3<sup>rd</sup> from your Moon into the difficult 4<sup>th</sup>. Called Kantak-Shani, this period is considered an affliction to the house of happiness. *Kantak* means "thorn." You may find yourself separated from your family and social circle. Managing your properties becomes a burdensome chore and money becomes scarce. If you allow your mind to become clouded then you may invite quarrels.

Leo Moon (Saturn in the 3<sup>rd</sup> from your Moon sign): With Saturn leaving Virgo, your "thralldom of Shani" now finally comes to an end. Saturn in the 3<sup>rd</sup> house from your Moon sign is a very fortunate position. There will be increase of wealth, helpers, vehicles, property and various forms of wealth. You will feel reborn and healthy, like emerging from a deep sleep. Your adversaries will tremble and your heroism increases. You will bring all endeavors to their successful conclusion. Keep in mind that good results can be obstructed whenever there are planets (besides the Sun) in Cancer (which is 12<sup>th</sup> from your Moon).

**Virgo Moon (Saturn in the 2^{nd} from your Moon sign):** You move into the  $3^{rd}$  and final phase of *sade sati* which has been burdening you for the past five years. Saturn in  $2^{nd}$  from Moon denies a proper appearance and causes unhappiness. You will feel unwell, as though your vitality is at low ebb. Income becomes insufficient and as unstable as "a drop of water balancing on a lotus leaf." You lose somewhat your taste for life.

**Libra Moon (Saturn in the 1<sup>st</sup> from your Moon sign):** You now begin your  $2^{nd}$  of the three divisions of your current *sade sati*. Saturn moves out of the  $12^{th}$  from your Moon and into the  $1^{st}$  from your Moon. Here *gochara* Shani transiting your Moon sign indicates myriad difficulties.

These might include dangers from accidents, from fire or from the government, &c. You may become separated from your kith and kin. Enmity may flare up with your (once) near and dear. You may find yourself in a strange land wandering here and there. For some, even finding a roof over their heads could be difficult at some point. Determine the date that Saturn will cross over your natal Moon and observe special caution on and around these periods. As a general rule, because Saturn is exalted the results will not generally be as severe as they sound.

**Scorpio Moon (Saturn in the 12<sup>th</sup> from your Moon sign):** For the past 2.5+ years you have been enjoying the auspicious  $11^{th}$  house transit of Saturn. Now that Shani will enter into the  $12^{th}$  from your Moon sign, your 7.5+ year *sade sati* cycle is upon you. Attempts to increase your assets and your influence could backfire. It is best for you to make your life as simple as possible. Unnecessary material attachments could "plunge you into a series of waves of miseries." However, whenever there is a planet other than the Sun in the 3<sup>rd</sup> from your Moon sign or Capricorn, the ill effects of Saturn in the 12<sup>th</sup> from your natal Moon are obstructed.

**Sagittarius Moon (Saturn in the 11<sup>th</sup> from your Moon sign):** With the entrance of Saturn into Libra, your fortune skyrockets. Saturn exalted in the 11<sup>th</sup> from your natal Moon sign creates influence, wealth and all forms of success. You will be widely honored. You will understand what you have to do and will pursue those activities aggressively. Whenever there is a planet other than the Sun transiting in the 5<sup>th</sup> from your Moon sign, Aries, the good effects of Saturn in the 11<sup>th</sup> become obstructed.

**Capricorn Moon (Saturn in the 10<sup>th</sup> from your Moon sign):** Saturn in Libra will be moving in the 10<sup>th</sup> from your natal Moon sign. You will find your self engaged in hard work that does not seem to provide desired results. There can be ups and downs in your career, though you might find sudden elevation also.

Aquarius Moon (Saturn in the 9<sup>th</sup> from your Moon sign): Saturn's transit of Libra which is the in 9<sup>th</sup> from your Chandra *rashi* can cause a sense of helplessness and unnecessary disagreements with your near and dear ones. A rift could develop with your family circle. Do not allow yourself to be tempted by unauthorized activities and carefully attend to your religious duties. Enmity can develop with anyone and your charitable deeds seem to come to a standstill. However, whenever there is a planet

other than the Sun in the  $6^{th}$  from your natal Moon sign, then the ill effects of Saturn in the  $9^{th}$  are obstructed by the influence of the planet in the  $6^{th}$ . But because of Saturn's exaltation, you will feel a new form of detachment and a mission that takes you into new territories of renunciation.

**Pisces Moon (Saturn in the 8<sup>th</sup> from your Moon sign):** Saturn's transit over the 8<sup>th</sup> from your natal Moon sign is called *ashtama* Shani, and the effects can be akin to *sade sati*. This position has been known to separate one from his spouse and children, and cause many misunderstandings even amongst one's own people. You may experience a sense of helplessness though this much mitigated by Saturn's exaltation.

# Jyotish Shastras on Gochara

As the *jyotish shastras* advise us..."When the planets are in unfavorable positions, the native becomes humiliated. Any work done by him for the sake of achieving prosperity, better health and the like will itself destroy him just as the ceremony of raising a *bhuta*, when improperly performed, destroys the doer himself."

And conversely..."A person, though low-born and of reprehensible conduct, becomes respectable in the world, when the planets are well-placed in transit. A king, though possessing only a small army or even very little prowess, by starting on an expedition at the proper time--after viewing the favorable positions of the planets--achieves the fruit of his actions just as has been eulogized in the scriptures." • (*written 3 Nov. 2011*)

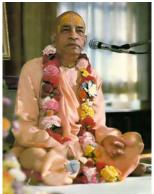
Thus Spake Srila Prabhupada...

# **Should We Worship Lord Shanideva?**

Sometimes we are asked what mantra is suitable for pacifying a malefic Shani transit. For devotees who chant Hare Krishna such demi-god worship is a waste of time. See what Srila Prabhupada has to say on this very subject:

> mumukshavo ghora-rupan hitva bhuta-patin atha narayana-kalah shanta bhajanti hy anasuyavah

"Those who are serious about liberation are certainly non-envious, and they respect all. Yet they reject the horrible and ghastly forms of the demigods and worship only the all-blissful forms of Lord Vishnu and His plenary portions." (*SB* 1.2.26)



**From the Bhaktivedanta Purport**: "The Supreme Personality of Godhead Sri Krishna, Who is the original person of the Vishnu categories, expands Himself in two different categories, namely integrated plenary portions and separated parts and parcels. The separated parts and parcels are the servitors, and the integrated plenary portions of Vishnu-tattvas are the worshipful objects of service.

"All demigods who are empowered by the Supreme Lord are also separated parts and parcels. They do not belong to the categories of Vishnu-tattva. The Vishnu-tattvas are living beings equally as powerful as the Original Form of the Personality of Godhead, and they display different categories of power in consideration of different times and circumstances. The separated parts and parcels are powerful by limitation. They do not have unlimited power like the Vishnu-tattvas. Therefore, one should never classify the Vishnu-tattvas, or the plenary portions of Narayana, the Personality of Godhead, in the same categories with the parts and parcels. If anyone does so he becomes at once an offender by the name *pashandi*. In the age of Kali many foolish persons commit such unlawful offenses and equalize the two categories.

"The separated parts and parcels have different positions in the estimation of material powers, and some of them are like Kalabhairava, Smashana-bhairava, Shani, Mahakali and Chandika. These demigods are worshiped mostly by those who are in the lowest categories of the mode of darkness or ignorance. Other demigods, like Brahma, Shiva, Surya, Ganesha and many similar deities, are worshiped by men in the mode of passion, urged on by the desire for material enjoyment. But those who are actually situated in the mode of goodness (*sattva-guna*) of material nature worship only Vishnu-tattvas. Vishnutattvas are represented by various names and forms, such as Narayana, Damodara, Vamana, Govinda and Adhokshaja." •

# Man Marries Dog

## Where is Saturn in this man's horoscope...?



**From 2007:** Selva Kumar, a 33year old man of low caste from Tamil Nadu, married a dog at a Hindu temple in his home town. For Kumar, it was an act of atonement for brutally killing two dogs when he was a teenager and he hoped that the act would cure him of the physical debilities he has suffered as karmic retribution ever since.

As Saturn nears exaltation we consider that this world of *karma* and atonement is complicated and burdensome for those who have neither knowledge nor faith in the Holy Names of the Supreme Lord Sri Krishna. The proper *prayaschit* for Selva Kumar's sin should be chanting of the *maha-mantra*. Which ignorant "*pandit*" suggested this nonsense *kuta-vivaha prayaschit*? Selva Kumar's "atonement" will only win him a dog's body in his next life, and the *pandit* could be reborn as one of his puppies.

Srila Prabhupada often commented that as Kali Yuga progresses people are becoming more like *dvi-pada pasus*, two-legged animals. His Divine Grace observed: "Now our leaders are advertising, 'Work hard. Work hard.' 'Sir, I am working so hard that I am working like an ass, like an animal, and I am tired. Still I have to work hard?' 'Yes.' This is *samsrti*. They are not satisfied that human being, Indians, are working just like asses, pulling *thelā*, rickshaw, and still they're requesting work hard.

"Just like the animal is working so hard and still he's afraid. The master may whip: 'You are not working? Phut! Phut!' He has to work still. *Bhaya.* ... The ox and bull, they are afraid of the driver, and we are afraid of our leader, of our government, of our so-called master and so on, so on, so on. That you cannot avoid." (*BG* lecture Vrindavana, 8 Sept. 1976) •

The twelve signs of the zodiac are divided into four groups according to the material elements: earth, water, fire and air. Since water is the element for bathing and for rituals of purification, water represents the brahminical class. What if by a proper knowledge of this miraculous element water you could stay healthy and eliminate an entire medicine chest of unnecessary pills and demonic treatments? Abhaya Mudra Dasi reveals how.

Lord Sri Krishna, the Supreme Personality of Godhead, tells Arjuna...

# "I Am the Taste of Water"

#### Abhaya Mudra Dasi

raso'ham apsu kaunteya prabhasmi shashi-suryayoh pranavah sarva-vedeshu shabdah khe paurusham nrishu

# "O, Arjuna, son of Queen Kunti: I am the taste of water. I am the light of both Surya and Shashi. I am the syllable AUM in all Vedic *mantras*. I am the sound in ether. I am ability in man." (*BG* 7.8)

Srila Prabhupada used to tell devotees in India, "You are sick because you do not drink sufficient water. Sicknesses originates in the stomach through stagnation and you must drink water to keep your stomachs clean."

As Dr. F. Batmanghelidj, M.D states on his website watercure.com, "Cure virtually all pains at no cost –



forever – without drugs, surgery, acupuncture, herbal prescriptions, manipulation, homeopathy, meditation, bio-feedback, hypnosis, or other commercial ways used for relief of pain. Reduce your blood pressure naturally, without any harmful medication. Lower your blood cholesterol without medication. Add many healthy pain-free years to your life. Lose unwanted pounds of excess weight. Look and feel years younger. Regain your youthful skin. Increase your mental power and alertness. Become stress-free. Prevent and cure migraine headaches. Prevent Alzheimer's disease. Regain your memory, even in old age. Prevent heart disease. Cure angina pain. Cure asthma in a few days - forever."



Pure water flows from the Rila Mountains, Blagoevgrad, into the Bistritsa River. Photo: Abhaya Mudra Dasi ${\tt O}$ 

These astonishing effects – and more – are obtained only by drinking the most common liquid on our planet, namely water. *Raso'ham apsu kaunteya*. Water is so sacred that its very essence, its taste, represents Lord Krishna. But this is a taste missed by the average person who drinks all sorts of liquids like coffee, tea and juices but hardly remembers his intake water. We assume that all liquids are created equal without realizing that we can suffer dehydration if we do not drink water. Even if we drink the best quality of juices they would never equal the benefits that water provides. Pure water has specific qualities that other liquids simply do not have. One interesting reference to the amazing properties of water is found in *Srimad Bhagavatam*. There is given the story of Indra suffering the reactions of killing the *brahmana* Vishvarupa:

"Although Indra was so powerful that he could neutralize the sinful reactions for killing a *brahmana*, he repentantly accepted the burden of these reactions with folded hands. He suffered for one year, and then to purify himself he distributed the reactions for this sinful killing among the earth, water, trees and women." (*SB* 6.9.7)

"And in return for King Indra's benediction that water would increase the volume of other substances with which it was mixed, water accepted one fourth of the sinful reactions. Therefore there are bubbles and foam in water. When one collects water, these should be avoided." (*SB* 6.9.11)

**Bhaktivedanta Purport**: If water is mixed with milk, fruit juice or other similar substances, it increases their volume, and no one can understand which has increased. In return for this benediction, water accepted one fourth of Indra's sinful reactions. These sinful reactions are visible in foam and bubbles. Therefore one should avoid foam and bubbles while collecting drinking water."

So, the ability of water to become other liquids is a disguised curse as seen from the above example. Pure water is essential to our body, mind and soul. It has an ability to connect us with Sri Krishna. By consciously drinking water and remembering Lord Krishna we can become Krishna conscious. Drinking pure water is a process which has many beneficial side effects which have been detected in the molecular patterns that water forms. According to Japanese researcher Dr. Masaro Emoto, if we chant beneficial *mantras* over the water its molecules exhibit beautiful shapes. Drinking such water is purifying and uplifts the mind. But if we utter unpleasant words over a glass of water its molecules form discordant patterns and such water may harm whoever consumes it.

It is amazing that *Bhagavad Gita* and *Srimad Bhagavatam* contain such profound and factual wisdom yet they are often seen by non-devotees as only poetic statements with no practical value. Still, Sri Krishna has explained in *Bhagavad Gita* so many ways to access Him through His manifestations in the world that surrounds us. By advancing in Krishna consciousness we will develop the analytical part of our minds as we pray to understand the depth of the simple statements spoken in *Bhagavad Gita* by the Supreme Personality of Godhead Sri Krishna.

Water is surely one of the manifestations of Sri Krishna. Our bodies are 75% water. Without water life is not possible. If we do not drink water we are constantly dehydrated despite consumption of other liquids. Without water the body will not be able to nourish the different tissues. It cannot absorb nutrients and it cannot flush the garbage which accumulates in the cells after food consumption. In this way dehydration manifests as different diseases. Eventually everything enters into the cellular level and

alters one's DNA. Purity of body and mind depends on water consumption. What is the Hare Krishna *mahamantra* to the mind and soul, water is to the body. Today people consume so many medicines as substitutes for the functions of purification which only water can perform. For health on all levels, all we need is to develop our taste for water. By developing this taste we also naturally develop God consciousness.

Good health is necessary in the performance of daily *sadhana* which leads us to Krishna Consciousness. On the contrary, chronic dehydration damages our brain cells. When they become dehydrated, many brain cells die. Unlike other cells in the body, new brain cells are not produced to replace the dying ones. Drinking minimally two liters of water daily is essential for our intelligence which in turn is important for understanding the nature of the Lord as He describes Himself in *Bhagavad Gita*. • (*written 1 Nov. 2011*)

**Srila Prabhupada on demi-god worship:** "Seeking shelter of a demigod instead of worshiping the Supreme Personality of Godhead is compared to trying to cross the ocean by grasping the tail of a dog. A dog can swim, but that does not mean that one can cross the ocean by grasping a dog's tail." (SB 6.9 Summary)

# **Letters to the Editor**

(*Edited for brevity*)

## "Newsletter Nicely Represents Astrology"

Dear Patita Pavana Prabhu,

Your newsletters are very informative. Your newsletter should get more widely publicized, you are nicely representing the science of astrology better than all others

being a Vaishnava and empowered by Srila Prabhupada. I like the approach of gathering past influences of planets and applying them - broadly - it's never the same, to what lies ahead of us. One degree of a planet can, as you know, make a difference as to whether there will be a catastrophic event or not.



One thing I'm learning is that when my *mahadasha* lord is debilitated in the sky its a downer for me for sure and when its exalted all fall into place. Venus just came out of debilitation and went into his own house and all my stuff that was stuck because unstuck the day after Venus became unstuck. So many things became unstuck. Interesting...Looking forward to the next edition of The Astrological Newsletter. Very best wishes. Hare Krishna!!

-AD (Malaysia)

Thanks for the warm and wonderful comments, Prabhu. Actually astrology is impossible to learn because its layers continue eternally. Apart from that, each soul is individual; hence Who but Lord Krishna can understand these uncountable horoscopes? But what astrology does show is a tiny fraction of the mind of Sri Krishna Whose Hand is behind all of these staggering differences. And yet, though He is the ultimate creator of this wondrous science, He simply gives the responsibility of creation of the planets and of their effects to Lord Brahma. Krishna would rather enjoy with His associates in Vrindavana. That is Achintya, inconceivable. Thanks very much for the letter. All glories to Srila Prabhupada.-PPd

#### "Thanks a Million"

Hare Krsna Prabhu Patita Pavana,

Please accept my humble obeisances. All glories to Srila Prabhupada. Prabhu, thank you a million times for your precious service and help. May Krnsa bless you eternally. Jay Jagannath. Yours in the service to Sri Sri Guru and Gauranga.

-MV (Mauritius)

-Please continue to stay in touch with us during these difficult times. -Ed.

#### "Indebted"

Dear Patita Pavana Prabhu,

Please accept my humble obeisances. All glories to you! All glories to Srila Prabhupada! Nothing big to mention on my part but I am as always indebted to you for your kind advice. I am also using this great opportunity the Kartik month bestows, to light my oil lamps with sesame seed oil almost every evening for the pleasure of the Lord.

With kind regards, -BR (Germany)

Prabhu, your kind support means everything to us. -Ed.

## "Presence and Support"

Dear Patita Pavana das Prabhu,

Please accept my humble obeisances. All glories to Śrīla Prabhupāda. I, and many of us I'm sure, thank the Lord for your presence and support. It means a tremendous amount. Yours in tender but growing faith,

B.P. (Utah)

Your kind donation was received and very much appreciated also, Prabhu. You don't know how important your support is to us in our service to Sri Guru and Gauranga. - Ed.

## "Preparing for Difficult Times Ahead"

Your Grace, Dear Patita Pavana Prabhu,

Please accept my humble obeisances. All glories to Srila Prabhupada.

Srila Gurudeva told a few of his close disciples here in Moscow that after a few years the lifestyle will change completely: there will not be an opportunity to travel and have association like we have it now, and there will not be even any communications left. It will follow after a very deep financial crisis, and after the economy will collapse all over the world. The food will be hardly available and there will be a lot of local conflicts; however, the global nuclear war will not happen.

Srila Gurudeva also told us that the best preparations for this time will be developing our Krishna Consciousness, and the best solution would be chanting the Holy Names of the Lord...which should always be the primary focus of all our activities, at any time. I understand within my heart that this is the highest truth, and without it our survival does not make too much sense (if it does any at all).

At the same time, having families and some *guna-karma* which allows us to have some position and be a part of the society of the people, we cannot just sit peacefully and awaiting when all the calamities will come and change our lives completely, to allow our family members being raped and turned into slaves of the military bands. The situation and culture in Russia is such that as soon as the power of the government will begin to weaken, the gangsters will take its position, especially in such big cities as

Moscow. If, as Srila Gurudeva told us, there will not be communications, electricity, food, this means the whole system will collapse very quickly, and after a few days 20 million people will struggle for existence like anything. Srila Gurudeva told that it would be a VERY hard times, and the only way to survive will be within some very strong and armed communities somewhere far from the big cities which may protect its members (to some extent) and can maintain itself with the agricultural foodstuff. And Srila Gurudeva also said that it may happen earlier that we can expect it (I guess, first he mentioned something around 2018).

Dear Patita Pavana Prabhu, since our Gurudeva has full trust in your personality as a Vaisnava astrologer, and in your predictions, can I humbly ask you to give us some more advices on what we could do, some guidelines in our possible preparations. First I was thinking about creating a community in some 'lost village' on the distance at least 300 km from Moscow, to buy a house and a plot there along with a few good friends families joining, make some preparations of products and devices (generators based on wind, woods or water), some medicines, clothes, shoes, etc. - at the same time spending most of the times in the city and making money as usually, just investing some part into the preparations. But if the situation will be really bad, we will just think about joining some existing community (we have one option in the Altai region, where in the big village of 20,000 a few families of devotees already settled and constructed the houses, it's quite far from Moscow and other big cities, too.

So, please, give us some advice. Srila Gurudeva warned me not to think about it too much (instead of the being absorbed in Krishna Consciousness - or in my case, trying to be observed). Personally, I don't believe that the whole world will be destroyed right in the beginning of Lord Chaitanya's Golden Age - He will hardly give His sanction for that. But it's obvious that the modern technocratic civilization cannot not last forever, as it becomes the impediment for the Supreme Will. And Srila Prabhupada once wrote:

"You have asked about whether nuclear devastation on this planet would affect the Sankirtana Movement. No, there is nothing that can stop the Sankirtana Movement because it is the will of God Himself, Lord Chaitanya, that His Holy Name be heard in every town and village. Neither can the demons devastate this planet independent of the will of Krsna. Nothing happens without His sanction." Letter to Makhanlal, June 22, 1973

So, if there should be some devotees who will have a chance to survive and do something good for this Movement to go on spreading like anything all over the planet, when it will free Herself from the burden of Kali-yuga (to some extend), we are humbly asking what can be done in this regard.

And there is one more point which gave me some inspiration in this regard. Some years ago, one of my God-brothers asked one *swami* if the global calamities will come, he replied, that "Yes, one day they will happen for sure... but the pure devotees will receive clear signs before it all will take place. Devotees should unite. If they will not be able to do so, there will not be for them a good reason to survive."

Some devotees here in Russia had already done too much of the 'apocalyptic noises', some moved to the villages (most of them became frustrated); however, most of the devotees we quite relaxed thinking that Krishna will protect them in any way - and from all dangers, even without being 100% surrendered unto Him... Anyway, we don't have a desire to create one more wave of panic, having entertainment by disturbing the minds of the Vaishnavas and other people. We need some deep understanding of what we should be prepared for. Being the citizens of the cities, we don't really understand what does it means to live on land... but it looks like it we will be forced to learn.

Your humble servant, JD (Moscow, Russia) As you stated so well, Prabhu,

As you stated so well, Prabhu, we must act on the commands of the pure devotee ti increase varnashram projects while remaining sheltered in the holy names. Do or die. By the way, have you seen "Collapse"?

http://www.disclose.tv/action/viewvideo/37886/collapse\_an\_interview\_with\_michael\_ruppert\_lof\_6/-Ed.

Hare Krishna Hare Krishna Krishna Krishna Hare Hare Hare Rama Hare Rama Rama Rama Hare Hare